

5. What do I like to do?

Sit with closed eyes for a few minutes, and ask yourself "What do I like to do?"

What books, magazines or blogs do you love reading? Why?

What movies, Netflix series, TV-shows, YouTube channels do you love watching? Why?

What topics captivate you? (See above for clues.)

What courses, workshops or events are you always signing up for?

What are your natural talents and skills? What do you do with ease and flow?

What skill, trait or quality do you always receive compliments for? By family, friends, colleagues, clients, customers, employers....

What social issues tugs at your heart? Is it children, animals, our environment, equality....

If money wasn't the issue, what would you do? What would you work with? Where would you travel? Who would you spend time with? What topics would you study? (See above answers for clues.)